

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Rope Level A

Name _____ Number _____ Division _____

Segments	Value	Score
1. Raise the rope overhead	1.0	
2. Twist the rope	1.0	
3. Circle the rope	1.0	
4. Swings in a U-shape	1.0	
5. Spin the rope & touch hand to shoulder. Raise arms to ending pose.	1.0	
Total Score	max 5.0	

Judge's Signature _____