



# NCCP Fundamental Movement Skills Course

September 27, 2015 • Quesnel, BC

Participants gain a coaching certification number from the Coaching Association of Canada and a trained status in Fundamental Movement Skills. Based upon the fundamental stages of the Canadian Sport for Life model of long-term athlete development, this workshop explores core National Coaching Certification Program (NCCP) themes such as fair play, safety, responsibility, and communication with an innovative skill development process. Participants are given the opportunity to practice strategies to improve fundamental movement skills such as running, jumping, throwing, and catching.

Date: **Sunday, Sept 27, 2015**

Time: **8:30am - 4:30pm**

Location: **Quesnel Arts & Recreation Centre Activity Room, 500 Northstar Road, Quesnel BC**

Cost: **\$10.00**

Registration:

<http://pacificsportnorthernbc.com/events-calendar>

For more information  
& to register online:  
[www.pacificsportnorthernbc.com](http://www.pacificsportnorthernbc.com)



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