

RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET

GY Rhythmic Ball Level A

Name _____ Number _____ Division _____

Segments	Value	Score
1. Roll the ball on legs. Raise the ball overhead. Bend the arms & hold the ball at chest.	1.0	
2. Roll the ball on the arms	1.0	
3. Toss & catch with two hands	1.0	
4. Shake the ball. Touch ball to shoulder	1.0	
5. Circle the ball. Ending pose	1.0	
Total Score	max 5.0	

Judge's Signature _____