

Athlete: \_\_\_\_\_

LVL \_\_\_\_\_



Execution							
Aspect							
Amplitude (3.0)	Head / eye contact (0.5)	Toe and knees (0.5)	Arms and hands (0.5)	Upper body/ shoulders / neck (0.5)	Amplitude of body skill / shape (0.5)	Amplitude of apparatus (0.5)	Total
Explicit Deductions (5.0)							
Elegance and general impresssion (2.0)							

Grand Total:

\_\_\_\_\_  
Signature

Handling errors (ie. drops, knots, static, patterns, etc)

0.1 deduction for small errors with no interruptions

0.2-0.5 deduction is 0.1 for each sec of interruption + 0.1.

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